

EARLY CAMPING & SET-UP: For those wishing to set up and/or begin camping prior to the festival, Early Camping begins on **Friday, April 11 at 12pm**. BYO Tent and RV Camping (no hook ups) is included in the price of a weekend ticket.

Oak Grove Rhythm Retreat 2025 (4/11-4/13)				
<i>Friday</i>				
4:00pm	Registration			
5:00	Meet & Greet with Announcements, Story of Oak Grove (Kevin)			
6:00	Dinner Hour			
7:00	Beginning Djembe	Intro to Dunun	Fire Safety*	
7:45	Beginning Djembe	Intro to Dunun	Low-Impact Dance	Fire Spinning
8:45	Welcome & Rhythm Church – Chapel			
10:30	All Camp Drum, Fire & Flow Jam by the firepit			
<i>Saturday</i>				
8:00am	Breakfast			
All Day	Drum Maintenance Tips with Tony, Ken & Mike (Just ask!) Chair Massage with Micah, by appointment on the signup sheets			
8:30	Early Morning Quiet Jam by the fire		Yin Yoga with Caroleeena – Chapel	
9:30	Beg. & Continuing Djembe	Beg. Dunun	Flute Circle – Chapel	
11:00	Low-Impact Dance – Main Tent		Tai Chi and Qigong	
12:30	Lunch Hour			
1:30	Intermediate Djembe Class		Hoop Skills For All Levels	
3:00	Intermediate Dunun Class		Fluting into the Heart String – Chapel	Art with Mara in the Canteen
5:00	Collaboration Crunch Time		Fire Spinning	
6:00	Dinner Hour			
7:00	Social Hour			
8:00	Open Mic, One Tribe & Flow Performance – Main Tent Lipbone (drums and voices) Performance			
10:00	All Camp Drum, Fire & Flow Jam by the firepit			
<i>Sunday</i>				
8:30am	Breakfast			
10:00	Tai Chi and Qigong		Coming Soon	
11:30	Morning Dance with Lipbone			
1:00	Closing Circle & Group Photo {{{Group Hug!}}}			

*It is recommended that you take this workshop if you want to try Fire Spinning.

CLEAN UP & TAKE DOWN: For those who wish to spend a little more time at beautiful Oak Grove, feel free to hang out for a bit on Sunday afternoon. We appreciate help cleaning up after our event.